

August 2016 Floating Zendo Sesshin Schedule

Friday, Aug. 12

4–6:00 Registration
5-6:00 Oryoki Instruction
6:00 Social Dinner & Clean-Up
7:40 Zazen
8:20 Opening Remarks

Saturday Aug.13

Monday Aug.15

Tuesday Aug.16

5:30 Wake-up Bell
6:00 Zazen
6:40 Kinhin
6:50 Zazen
7:20 Service
7:35 Breakfast
8:05 Soji
8:15 Bell rings/end of Soji
Break (8:15 – 9:15)
9:15 Zazen
9:55 Kinhin
10:05 Zazen
10:45 Outside Kinhin
11:00 Zazen
11:30 Kinhin
11:40 Zazen
12:05 Kinhin
12:15 pm Lunch
Break (end of lunch until 1:45pm)
1:45 Sewing & Work Period
3:00 Clean-Up
3:15 Tea/Talk
4:10 Kinhin
4:20 Zazen
4:50 Kinhin
5:00 Zazen
5:30 Kinhin
5:40 Supper
Break (end of supper until 7:00pm)
7:00 Zazen
7:35 Kinhin
7:4 Zazen
8:15 Refuges & Bows
9:20 Lights Out

Sunday, August 13

5:30	Wake-up Bell
6:00	Zazen
6:40	Kinhin
6:50	Zazen
7:20	Service
7:35	Breakfast
8:05	Soji
8:15	Bell rings/end of Soji
Break (8:15am – 9:15am)	
Jikoji program schedule:	
9:15	Zazen
9:45	Kinhin
9:55	Zazen
10:30	Kinhin
10:40	Zazen
11:15	Kinhin
11:25	Dharma Talk
12:20	Lunch
1:00	Break (1pm – 2:15pm)
2:15	Work period
3:10	Cleanup
3:30	Tea
4:00	Kinhin
4:10	Zazen
4:50	Kinhin
5:00	Zazen
5:30	Kinhin
5:40	Supper
7:00	Zazen
7:35	Kinhin
7:45	Zazen
8:15	Refuges & Bows
9:20	Lights Out

Wednesday Aug. 17 & Thursday Aug.18

5:30 Wake-up Bell
6:00 Zazen
6:40 Kinhin
6:50 Zazen
7:20 Service
7:35 Breakfast
8:05 Soji
8:15 Bell rings/end of Soji
Break (8:15am – 9:15am)
9:15 Zazen
9:55 Kinhin
10:05 Zazen
10:45 Outside Kinhin
11:00 Zazen
11:30 Kinhin
11:40 Zazen
12:05 Kinhin
12:15pm Lunch
Break (end of lunch until 1:45pm)
1:45 Zazen
2:20 Kinhin
2:30 Zazen
3:00 Tea/Talk
4:00 Kinhin
4:10 Zazen
4:45 Kinhin
4:55 Zazen
5:30 Kinhin
5:40 Supper
Break (end of supper until 7:00pm)
7:00 Zazen
7:35 Kinhin
7:45 Zazen
8:15 Refuges & Bows
9:20 Lights Out

Friday August 19

5:30	Wake-up Bell
6:00	Zazen
6:40	Service
6:55	Breakfast
7:30	Soji & Pack
8:30	Zazen
9:10	Kinhin
9:20	Zazen
9:50	Kinhin
10:00	Shosan Ceremony
10:40	Closing Remarks
11:00	Cleanup
12:30	Social Lunch